

July 2026

Volunteer Role Title: Neuro Creative Resource Hub Volunteer (x two roles)

Location: Online

Responsible to: Neuro Creatives Coordinator

Hours:

- 1.5 hours, four times a year, to review the hub activities and attend an online zoom session (occasional, small-time commitment may be required as per the programme's development).

About The Brain & Spine Foundation

The **Brain & Spine Foundation** is a national charity providing information and specialist support for over 600 neurological conditions which affect 1 in 6 people in the UK. We are here to answer questions, reduce anxiety and to inform choices. The charity is entirely funded by voluntary donations from our supporters; we receive no government funding.

About our peer support work

We believe in the power of people coming together to share experiences and lift one another up. Our Neuro Social programme sits at the heart of our charity, and evidence shows that peer support can help people feel more connected, more confident, and more in control of their lives. By helping to shape and deliver this work, you'll be making a meaningful difference to the wellbeing of people living with neurological conditions.

Our Neuro Creatives group has been running since 2022 and has delivered more than 100 sessions to people across our community. In 2025, with funding from the Peter Sowerby Foundation we launched the Neuro Creative Resource Hub, an online resource of creative and therapeutic activities co-designed with people who have neurological conditions. The Hub supports wellbeing and can be used independently, with carers and loved ones, or alongside healthcare professionals.

Purpose of the role

To support the design and development of our Neuro Creative Resource Hub, to include reviewing our hub resources, and attend online planning and feedback meetings four times a year.

Key Tasks & Responsibilities

- Review our printed and video content to ensure it is meaningful and accessible for people living with neurological conditions, their family, carers and the professionals supporting them
- Help us to understand what is working well and to offer suggestions for improvement – for example around accessibility
- Contribute to creative ideas for future resource hub activities
- Contribute to ideas for promoting the Hub and extending our reach

Skills & experience

- Lived experience of a neurological condition
- Interest in creative activities and how this supports people living with neurological conditions
- A non-judgemental, person-centred approach
- Ability to work with people from diverse communities and with differing needs
- A commitment to the aims and values of the organisation

Other requirements

The use of your own computer or device to review our Hub activities and attend our online meetings.

All volunteers are expected to attend an induction and training and will receive regular supervision.

You will be required to provide two references, and we ask for a commitment for at least six months.

This role is subject to a trial period of six months. This allows us to review whether the role is suitable and if expectations of both the volunteer and the Brain and Spine Foundation are being met.

As a volunteer for our charity, you will need to develop a good understanding of our relevant policies and procedures – in particular for this role, our Safeguarding practices and Data Protection and Privacy. We will provide training to support you with this.

What this role offers

The opportunity to use your lived experience to help create creative resources that support people affected by neurological conditions across the UK.

To contribute to the development of the Hub and to future projects.

The chance to connect with others who have lived experience of neurological conditions and share insights and perspectives.

Make a meaningful difference to people living with neurological conditions, their families, carers, and professionals.

You will have an induction, training, and ongoing support from the Brain & Spine Foundation team. Recognition of your contribution as a valued volunteer helping to improve support and resources for the neurological community.

Equal opportunities

The Brain & Spine Foundation has an equal opportunities policy that extends to volunteers. We recognise the positive benefits a diverse volunteer pool can bring to our charity and are committed to ensuring our recruitment and selection procedure reflects this.

In engaging volunteers, the Foundation recognises the rights of volunteers to be free from discrimination and expects volunteers not to discriminate against other volunteers, staff, users and others associated with the Foundation.

Contact information

For further information about the role please contact Kate Hasted

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