

## Questions to consider asking your GP

- Can I check that I've understood what you said? What you're saying is...
- Would it help to see a specialist?
- Can I be referred to a specialist?
- To which specialist am I being referred?
- What is he /she a specialist in?
- Do I have a choice of specialist?
- Where will I see the specialist? Is there a choice of places I could see them?
- How long will I have to wait to see a specialist?
- Am I being treated as an urgent referral?
- Can I see a copy of any letters written about me?
- Are there any services I would benefit from while I am waiting for a specialist appointment?
- Is there a support group I could talk to while I wait for a specialist appointment?
- Is there any written material available about managing my symptoms or about the possible diagnosis and treatment?