Brain & Spine Foundation

Questions to consider at diagnosis/when asking about treatment options

- What are the different types of treatment options?
- Are there other ways to treat my condition?
- How long can I take to decide what treatment I have?
- What does the treatment aim to do?
- What is the likelihood of success of the treatment?
- When will I know if the treatment has worked?
- What if the treatment doesn't work?
- Will I have to spend time in hospital?
- How often will I need the treatment?
- How long will my treatment last?
- How will I feel during my treatment and are there any lasting side effects?
- Are there any risks of the treatment?
- Will I be able to continue my current lifestyle?
- How will this condition or the treatment affect my personal and social relationships?
- Are my children at risk of inheriting this condition?
- Who will manage my treatment?
- Will the treatment or the condition affect my ability to drive?
- Can I still work?
- Can I be included as part of a clinical trial?
- Is there any written material about the treatment options?
- Are there any local support groups that I could contact?
- Is there a helpline I could talk to?
- Is there anything else I can do to help myself?
- What happens next do I come back and see you?

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