

A close-up, profile view of a woman with dark hair and blue eyes, looking slightly downwards and to the right. She is holding a black telephone receiver to her ear with her right hand. The background is a soft, out-of-focus light color.

A Gift in Your Will

020 7793 5900 | www.brainandspine.org.uk

The Brain & Spine Foundation, Lincoln House, Kennington Park, 1-3 Brixton Road, London SW9 6DE
Charity no. 1098528.



Did you know...?

- **More than 12 million people in the UK are affected by a neurological condition**
- **More people die from brain and spine conditions than from heart disease or cancer**
- **Every 30 minutes, a child in the UK will acquire a brain injury**

Despite this, there are only a handful of specialists and so many of those affected never see a neurologist when we know specialist care can reduce death and disability by up to 30%.

Neurological services receive less funding than other major causes of death and disability. As a result, patients often lack information about their conditions and can be anxious about their diagnosis and treatments.

How is the Brain & Spine Foundation helping?

We provide vital information on all neurological conditions, through our booklets, website and a helpline staffed by specialist neuro nurses.

This is why the Brain & Spine Foundation is a real life-line for families across the UK. We are there at the end of the phone with professional information and help, which is so invaluable when you receive a worrying diagnosis. We are the only national charity devoted to all conditions affecting the nervous system, so we can give advice on rare conditions as well as the more common ones.

Our mission is to improve the quality of life of people affected by neurological problems by providing expert information, support and education.



Peter Hamlyn, neurosurgeon and Founder of the Brain & Spine Foundation

How you can help

As a charity, we depend on public donations to carry out our vital work. One excellent way to support the Brain & Spine Foundation is to remember our work in your Will.

Whether you choose to leave a share of your estate or a sum of money, this could make a big difference to the lives of people affected by brain and spine problems. It can also save tax on your estate.

What could a gift in your Will achieve?

A gift in your Will could make a real impact on the lives of people with brain and spine conditions, for example by:

- Covering the cost of our neuro nurse helpline.
- Enabling the Foundation to expand and update its range of booklets on specific conditions.
- Providing accessible online information for children and young people.
- Maintaining and expanding our popular website.

Thanks to our supporters, we have achieved so much since we began in 1992. Please help us to build on this with a gift in your Will.

Will making and gifts in Wills

If you are planning to make or change your Will, we strongly advise you use a solicitor. If you do not know a solicitor, ask a friend or relative for a recommendation or visit the Law Society's website **www.lawsociety.org.uk** to find one.

Several types of gift can be left in a Will, including:

- A residuary gift, which is a share or percentage of what is left of your estate once your debts have been paid.
- A pecuniary gift, which is a set amount of money.
- A specific gift, such as an item of jewellery or a painting.

If, after you have taken care of your loved ones, you are in a position to consider leaving a gift in your Will for the Brain & Spine Foundation, it would be very much appreciated.

Further information

If you are considering leaving a gift in your Will to the Brain & Spine Foundation and would like further information please contact Triona Larkin by email on

triona.larkin@brainandspine.org.uk or call
020 7793 5500.



What people have said about our support

“ I really cannot put into words how grateful [we] are to the support given by the Brain & Spine Foundation. It was one of the most difficult times, yet the support care and; I am humbled to say, love, shown by the team did so much to help us get through each of those many excruciating days. Thank you so much and thank you again. You run a vital service that gives people hope and dignity during what could be such a hopeless time. Your work absolutely changes lives and I am so grateful that you are there.”

- Jane, who called the nurses on our helpline

“I managed to find the Brain & Spine Foundation after more Googling, and was reassured to read your online (Subarachnoid Haemorrhage) booklet. Then I realised I could actually ring and speak to someone, or rather cry down the phone. I remember ringing [the nurse] quite a few times. [She] helped a great deal.”

– Mary, whose husband, Ian, survived a Subarachnoid Haemorrhage

“I work on Helimed 5, one of the Scottish Ambulance Services helicopters. I have found your website very impressive and informative.”

– John, Paramedic

“The dizziness and balance booklet is amazing. I have been doing the exercises and the effect has been life changing. The positive difference it has made to my life is incredible!

– Edward

“It’s a great help to us to know that we can direct anxious patients and their families to the resources on your website. ”

- Association of British Neurologists office team

Suggested wordings to use in your Will

These wordings can be used in a new Will or can be added as an amendment to your Will (called a codicil).

For a share in the residue of an estate:

I give the residue of my estate to the Brain & Spine Foundation, charity no. 1098528.

For a cash sum:

I give to the Brain & Spine Foundation, charity no. 1098528, the sum of £_____.

For a specific item:

I give to the Brain & Spine Foundation, charity no. 1098528, my _____.



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