

# Are you a health professional?

The **Brain & Spine Foundation** can help you to support patients and carers affected by neurological problems



[www.brainandspine.org.uk](http://www.brainandspine.org.uk)

Helpline 0808 808 1000



Free Helpline staffed  
by trained experts



Accredited publications on  
numerous neurological topics



Online support groups

We are the only **UK wide** charity providing support and information on the **full range** of neurological conditions to patients, carers and health professionals



## Helpline



Our Helpline team provides free and confidential support and expert information on the full range of neurological problems.

 **0808 808 1000**  
 **helpline@brainandspine.org.uk**

Monday to Thursday: 9am - 4pm  
Friday: 9am - 1pm

**[www.brainandspine.org.uk](http://www.brainandspine.org.uk)**

Tel.: 020 7793 5900. Email: [info@brainandspine.org.uk](mailto:info@brainandspine.org.uk). Registered charity no 1098528

## Publications





We provide over 25 accredited booklets and factsheets on a variety of neurological problems and conditions. These are available to browse online, or to download and print. You can also order hard copies from us.

**[www.brainandspine.org.uk /  
our-publications](http://www.brainandspine.org.uk/our-publications)**

## Online support



Our Facebook groups provide a place for people affected by neuro conditions to seek advice and support from each other, creating online peer-led communities.

 @brainspine  
 /brainandspine

